

**Editor's Note**

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**Rick Steves**

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Sincerely,

**Rick Steves**

Managing Editor  
Australasian Medical Journal

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Dear Readers,

Season's greetings!

We are delighted to present the eighth edition of the Australasian Medical Journal (AMJ) for 2025.

This issue includes a selection of original research paper. In addition, we take this opportunity to reflect on and honour the collective contribution made by our author, reviewers, and editorial team throughout the year.

We sincerely thank our readers for their continued interest in AMJ. We understand the lasting challenges posed by the pandemic, and we reaffirm our commitment to maintaining a rigorous, timely peer-review and publication process. Our heartfelt appreciation goes to the editorial team for their dedicated coordination with authors and their oversight of each stage of the publication process.

We extend special thanks to our editorial board members, whose steadfast support has played a key role in the journal's ongoing success. We also gratefully acknowledge our peer reviewers for their time and dedication in upholding the journal's standards of scientific integrity and quality.

AMJ was established to guide and support emerging researchers—especially from developing countries—through the complexities of academic publishing. We remain committed to that mission. At the same time, we are proud to see continued submissions from distinguished researchers across Australia, the United States, Saudi Arabia, and beyond, reinforcing the journal's growing global reputation.

We look forward with enthusiasm to the continued growth and success of AMJ. We warmly invite you to become part of our community:

1. Join as a peer reviewer or recommend colleagues
2. Submit your research for publication
3. Share the journal with peers and institutions

For any inquiries, please contact us at AMJ Editor.

Wishing you all the very best for a successful and fulfilling 2025!